Health clinics for young people in Durham

Chester Le Street

What is the Young People’s Clinic?

This is a clinic for 12 to 19 year olds.

We see young people referred by other hospital doctors, GP’s or School Nurse’s for a further opinion about a health concern.

The clinic is staffed by nurses and doctors who have been trained in all aspects of children’s health but have a particular interest in young people.

The clinic runs every week on a Monday, apart from 3rd Monday of the month. Appointments are available up to 5.00pm so it is possible to be seen after school/college if this is important to you.

It is based in the Out-Patient Department at Chester le Street General Hospital.

You can attend by yourself or with a parent, carer or friend as you prefer.

What happens at the clinic?

You will be seen by a nurse and your height, weight and blood pressure measured in a private room.

You will then be seen by Dr Cronin or Dr Yates to talk about the health issues for which you have been referred.

If you have attended with a parent or carer we will speak to you together but there will also be the opportunity for both you and your parent/carer to speak to the doctor alone.

Confidentiality

Respecting your confidentiality is very important to us and we will talk to you about this in more detail when we meet you in clinic.

If you tell us information that you would like to be kept confidential we will do so, unless you tell us something that makes us concerned that you are being harmed.

If we think we do need to share information with other professionals we would speak to you about this first.

Worried about other aspects of your health? Ask us!

The doctors in clinic have training about lots of health issues relevant to young people.

We are happy for you to ask us about anything else about your health you are concerned about.

The Teen Life Check website is also a useful source of advice about common health issues affecting young people:

http://www.nhs.uk/lifechecktools/teenlifecheck/Pages/Introduction.aspx

For further information or enquiries please contact:

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