Referral received

MS Nurse contacts Patient within one week by telephone or letter

Initial Contact

Patient offered an appointment within two weeks following initial contact either in a clinic or home setting

Care Pathway for Patient Newly Diagnosed with MS

First Appointment

Verbal explanation given about MS
MS Society 'Just Diagnosed' booklet
MS Trust 'MS: what does it mean for me' booklet
Websites, MS Trust /MS Society

Good Practice Principles

Practise use of good communication skills, keep information simple, pace information, allow patient time to think, use clinical judgement to assess what the patient can take in
Give information first verbally and then backed up with written information
NICE Guideline in the management of MS in primary and secondary care

Follow up

Appointment arranged for thorough holistic initial assessment, questionnaire, physical neurological assessment and PVR Bladder scan.
Letter sent to GP/Consultant; copied to patient

Continued Care

Supported self management
Holistic care
Family/care support

Review Appointments

Symptom Management,
Promote self management
Additional Information leaflets as requested

www.cddft.nhs.uk
Multiple Sclerosis Team, Henson Close, South Church Enterprise Park, Bishop Auckland, Co Durham DL14 6WA
Tel 01388 452289 Fax 01388 452269