



The Audiology Service specialises in hearing tests, balance tests, tinnitus rehabilitation and the fitting and maintenance of hearing aids.

**Who will you see?**

- You will see an Audiologist.

**What will your hearing test involve?**

- We will examine your ears. It is important that your ears are free of wax and infection for this appointment
- You will be required to wear headphones and listen to a series of different sounds
- You will be given a button to press each time you hear one of the sounds,
- We will ask you some further questions about your medical history, particularly whether you suffer from vertigo, tinnitus or ear infections.

**Results:**

- The results will be explained to you at the end of your test
- We will send a copy of the results to your GP. Please advise us of any other professionals who may wish to receive a copy.



**Hearing Aid Assessment Appointment:**

A hearing test will be carried out as explained previously. We will ask additional questions about your eyesight and manual dexterity. We may also ask you about your usual routine, where you go and any particular places where you find it difficult to hear. This will help us to decide which type of hearing aid may be best for you. We will usually offer two hearing aids, one for each ear.



Open Fit Aid



Hearing Aid with Mould



For other levels of hearing loss, an impression will be taken of your ears so that custom ear moulds can be made.



We will ensure the hearing aids fit to your ears. We will programme these specifically to your hearing needs, making sure your hearing aids are correct across different sounds and at different loudness levels.

We will show you how to put your hearing aids in your ears, how to work them, how to look after them and the battery use.



**How long will it take?**

**Usually between 45 minutes to an hour.**

We aim to see you on time but occasionally clinics can be delayed, please allow for this when planning your visit. To help keep our clinics running on time, we may not be able to see you if you arrive more than 10 minutes late.



**What to do if I can't attend the appointment**

Please contact us as soon as possible if you cannot attend so that we can offer the appointment to someone else.

If you are ill, please let us know so that we can rearrange the appointment. Please do not come to clinic if you are feeling unwell.



## Colour Range

Here are a selection of colours available should you wish to have a choice:



NOTE: Colours vary slightly for the higher hearing losses. Other colours are available and patients have this choice.

## Aftercare

- We offer all patients a follow up appointment 8-10 weeks after your hearing aid fitting
- We reassess and test your hearing every 3 years
- We have open drop in repair sessions available

## How to contact us

**Darlington Memorial Hospital**  
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Darlington  
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**Telephone:** 01325 743 153  
**Textphone:** 01325 487 327  
**Email:** [audiologydmh@cddft.nhs.uk](mailto:audiologydmh@cddft.nhs.uk)

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**Telephone:** 0191 333 2305  
**Textphone:** 0191 333 2741  
**Email:** [audiologyuhnd@cddft.nhs.uk](mailto:audiologyuhnd@cddft.nhs.uk)

For further information on contacting us or getting to our hospital, please call one of the numbers above or visit [www.cddft.nhs.uk](http://www.cddft.nhs.uk)

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County Durham and Darlington **NHS**  
NHS Foundation Trust

# Patient Information Leaflet Audiology Department

**NHS Audiology**  
Information about your appointment

[www.cddft.nhs.uk](http://www.cddft.nhs.uk)

with you  all the way