

## What Nurses Need To Know About Constipation

### Including DRE and DRF

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08:30	Registration & coffee
08:45	Welcome & introductions. Aims and objectives
09:00	Anatomy & physiology / causes of constipation
09:45	Neurogenic bowel dysfunction
10:15	Simulation practice
10:30	Refreshment break
11:15	Assessment of constipation including DRE procedure
12:00	Lunch to include simulation practice
12:45	Treatment of constipation including medication, transanal irrigation (TAI) and the procedure for giving suppositories and enemas
14:15	Constipation – a summary (questionnaire)
14:45	Refreshment break (simulation practice)
15:00	Reflection Practical assessments
16:00	Evaluation / Close