

What nurses need to know about Constipation including Digital Rectal Examination (DRE) and Digital Removal of Faeces (DRF)

This **1 day course** is run by Specialist nurses from the Community Continence Service and the Durham Constipation Clinic. It is aimed at qualified nurses who care for patients who are constipated but who are not competent in the procedures of DRE and DRF.

Please note that any nurse who gives rectal medication including suppositories or enemas should be competent at doing a digital rectal examination (DRE). Those caring for spinal injured patients may need to undertake digital removal of faeces (DRF).

Following this course nurses will be able to:

- Undertake a knowledgeable assessment of the constipated patient using CDDFT documentation
- Demonstrate the knowledge base to be able to undertake a DRE. There will be an assessment of competency of DRE using practical simulation
- Implement and evaluate an appropriate treatment / management plan for the constipated patient including DRF
- Know when to use different laxatives
- Be aware of new and evidence based treatments for constipation

Dates: Wednesday 18th January 2017

Time: 8.30am – 4.30pm

Venue: Seminar Room 2, Centre for Clinical Research & Innovation, 5th Floor, Darlington Memorial Hospital

Places are limited and will be allocated on a first come first served basis. To book a place please contact Learning & Development on 0191 372 8605



