

## NHS OASIS SERVICE MAPPING

Dear Colleague,

We are currently undertaking a study to identify current care pathways in the UK for women who experience Obstetric Anal Sphincter Injuries (OASIS) (also known as 3<sup>rd</sup> or 4<sup>th</sup> degree tears) during childbirth. We would be very grateful if you could spend 10 minutes completing this questionnaire.

This questionnaire is being sent to all NHS Trusts who offer maternity services.

Please provide the name and city of the unit that you work in

Answer: County Durham & Darlington NHS Foundation Trust.

### OASIS

1. How many births are there per annum at the unit where you work?

#### Response

Less than 1000

1001-2000 Darlington Memorial Hospital - 1974

2001-3000 University Hospital of North Durham - 2917

3001-4000

4001-5000

5001-6000

6001-7000

7001-8000

8001-9000

9001-10000

10000+

2. What is your annual % OASIS rate?

#### Response

Less than 2%

2-5% 1.6% spont tears

5-7%

7-10% 9.3% instrumental deliveries

>10%

3. Does your Trust have a Clinical Lead for women with OASIS?

#### Response

Yes Dr Lloyd UHND & Dr Pathi DMH

No

Don't know

If Yes

Name of clinical lead Miss. P Pathi

Job Title Consultant Obstetrician and Gynaecologist

4. What care pathway does your Trust use for women with OASIS/severe childbirth related perineal trauma?

**Response**

Local Trust guideline based on RCOG green top guidelines DMH & UHND  
 No specific Trust guideline, but follow the RCOG green-top guidance  
 None  
 Don't know

5. What provision is made for women with OASIS/significant perineal trauma postnatally?

**Response**

Initial follow up in dedicated OASIS clinic in UHND. Similar clinic is being started in DMH. Currently these patients are seen in general gynaecology clinics IN DMH BY MULTIPLE CONSULTANTS.  
 Initial follow up in a general Gynaecology clinic  
 Initial follow up by Physiotherapists  
 No postnatal hospital follows up

6. If your Trust offers routine postnatal hospital follow-up for women with OASIS, on average how many weeks after the birth are women **FIRST** followed-up?

**Response**

Within 6 weeks  
 6-8 weeks Both Sites  
 2-3 months  
 4-6 months  
 Open appointment/woman's choice  
 Not applicable (women with OASIS **not** offered postnatal hospital review)

7. Please indicate which postnatal investigations are offered at your Trust for which OASIS women (leave blank if not offered)?

**Response**

	Endo-anal ultrasound	Ano-rectal Manometry
All women with OASIS	<input type="checkbox"/>	<input type="checkbox"/>
Symptomatic women with OASIS	YES (REFERRED TO COLORECTAL SURGEONS) Both Sites	
Only 3c and 4 <sup>th</sup> degree OASIS		<input type="checkbox"/>

8. Please select from the list below those professionals who are **routinely** involved in the postnatal follow-up of women with OASIS in the unit where you work (please select all that apply)?

**Response** Both Sites Below

Gynaecologist  
 Urogynaecologist  
 Midwife  
 Obstetrician  
 General Surgeon  
 Specialist Colorectal Surgeon  
 Specialist Colorectal Nurse  
 Colorectal physiologist  
 Physiotherapist  
 GP  
 Other (please specify)

Free text box

9. Who refers women to this pathway (please select all that apply)?

Response: Both Sites below

A midwife on the labour ward

A midwife on the postnatal ward

A community midwife

An obstetrician

Physiotherapist

Other (please specify below)

+ Free text box

10. What would you estimate is the DNA rate for women referred into this pathway (please select one of the following)?

Response Both Sites below

Less than 10%

10-20%

21-30%

31-40%

41-50%

50%+

11. How do patients access these services **again** in the future if symptoms recur or if new symptoms develop?

Response

Via GP Both Sites

Via community physiotherapist

Self-referral to secondary care

Other (please specify below)

+ Free text box

12. In your unit, what routine treatment provision is made antenatally for women with previous OASIS (please select all that apply)?

Response

Booked under Consultant specialising in OASIS/Perineal Trauma

Booked under Consultant but not a perineal/OASIS specialist – NOT NECESSARILY

Offered Endo-anal ultrasound and/or ano-rectal manometry

None

Other (please specify below)

+ Free text box

13. If a multi-centre research study is funded regarding interventions to improve awareness, access and service provision for women affected by faecal incontinence, might you be interested in participating or contributing?

Response:

Yes

No

If Yes, please provide the following details

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Thank you for completing this questionnaire