

## Contraception and Sexual Health (CaSH) Clinics

Central Office/Appointments Booking Line: 0191 372 8700  
Monday to Friday 9.00am until 5.00pm

| Some clinics can be contacted directly during opening times                                                                                                          | Monday                                                                  | Tuesday                                                               | Wednesday                                   | Thursday                                                              | Friday                                                                 |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------|-----------------------------------------------------------------------|---------------------------------------------|-----------------------------------------------------------------------|------------------------------------------------------------------------|
| <b>Teen Plus Under 25's sessions available at some settings</b>                                                                                                      |                                                                         |                                                                       |                                             |                                                                       |                                                                        |
| <b>Chester-le-Street Hospital</b> ,<br>Ground Floor, Chester-le-Street<br>Co Durham DH3 3AT<br>☎ 0191 387 6301                                                       |                                                                         |                                                                       |                                             | 5.30 – 7.30pm                                                         |                                                                        |
| <b>Chester-le-Street HUB</b> , One Point<br>HUB, Burns Green, Chester-le-<br>Street, Co Durham DH3 3QH<br>☎ 07810 054 066                                            | 9.30am – 12.00midday                                                    |                                                                       |                                             |                                                                       |                                                                        |
| <b>Pelton Lavender Centre</b> , Unit 1,<br>Pelton Lane, Pelton, Co Durham<br>DH2 1HS - ☎ 07823 536 229                                                               |                                                                         |                                                                       |                                             | 2.00 – 4.30pm<br><i>(Closed every 3<sup>rd</sup><br/>Thursday)</i>    |                                                                        |
| <b>University Hospital of North<br/>Durham</b> , North Road, Durham<br>DH1 5TW ☎ 07824 406977                                                                        |                                                                         | 1.30 – 4.30pm<br><i>(Procedure Clinic)</i>                            |                                             |                                                                       |                                                                        |
|                                                                                                                                                                      |                                                                         | 5.00 – 7.00pm                                                         |                                             |                                                                       |                                                                        |
| <b>Shotley Bridge Hospital</b> , Ante<br>Natal Department, Tower Block,<br>Shotley Bridge, Consett,<br>DH8 0NB ☎ 01207 594471                                        |                                                                         | 5.30 – 7.30pm                                                         |                                             |                                                                       |                                                                        |
| <b>Stanley Primary Care Centre</b> ,<br>Clifford Road, Stanley,<br>Co Durham DH9 0AB<br>☎ 01207 285573                                                               | 2.00 – 5.00pm                                                           |                                                                       | 2.00 – 4.00pm<br><i>(Procedure Clinic)</i>  |                                                                       |                                                                        |
|                                                                                                                                                                      |                                                                         |                                                                       | 4.30 – 7.30pm                               |                                                                       |                                                                        |
| <b>Glenroyd House</b> , Medomsley<br>Road, Consett, DH8 5HL<br>☎ 07824 868 821                                                                                       |                                                                         |                                                                       |                                             | 10.00am – 4.30pm<br><i>(Includes Teen Plus<br/>session 4– 4.30pm)</i> |                                                                        |
| <b>Peterlee Health Centre</b><br>Bede Way, Peterlee,<br>Co Durham SR8 1AD<br>☎ 07785 542 004                                                                         | 12.30 – 6.30pm<br><i>(Includes Teen Plus<br/>session 2.30 – 4.00pm)</i> |                                                                       | 2.30 – 4.30pm<br><i>(Teen Plus session)</i> | 9.30am – 12.30pm                                                      |                                                                        |
|                                                                                                                                                                      | 2.00 – 5.00pm<br><i>(Procedure Clinic)</i>                              |                                                                       | 5.00 – 7.00pm                               |                                                                       |                                                                        |
| <b>Spennymoor Health Centre</b> ,<br>Bishop's Close, Spennymoor, Co<br>Durham DL16 6ED<br>☎ 07825 655 590                                                            |                                                                         | 1.30 – 4.30pm<br><i>(Includes Teen Plus<br/>session 3.00–4 .30pm)</i> |                                             |                                                                       |                                                                        |
| <b>Ferryhill Health Centre</b> ,<br>Chapel Terrace, Ferryhill,<br>Co Durham DL17 8JL<br>☎ 07768 537 998                                                              |                                                                         |                                                                       | <i>Suspended</i>                            |                                                                       |                                                                        |
| <b>Pioneering Care Centre</b><br>Carers Way, Newton Aycliffe<br>DL5 4SF ☎ 07887 752 927                                                                              | 2.30 – 4.30pm                                                           |                                                                       |                                             |                                                                       |                                                                        |
| <b>Bishop Auckland Hospital</b> ,<br>Centre for Sexual Health,<br>Lower Ground Floor, Cockton Hill<br>Road, Bishop Auckland,<br>Co Durham DL14 6AD<br>☎ 01388 455702 |                                                                         | 9.30am – 12.00midday                                                  | 1.30 – 4.00pm<br><i>(Procedure Clinic)</i>  |                                                                       | 1.00 – 4.00pm<br><i>(Includes Teen Plus<br/>session 3.00 – 4.00pm)</i> |
|                                                                                                                                                                      |                                                                         |                                                                       | 4.00 – 5.00pm<br><i>(Teen Plus session)</i> |                                                                       |                                                                        |
|                                                                                                                                                                      |                                                                         |                                                                       | 5.00–7.00pm                                 |                                                                       |                                                                        |
| <b>Richardson Hospital</b> , Victoria<br>Road, Barnard Castle DL12 8HT -<br>☎ 01833 696542                                                                           |                                                                         | 5.00 – 7.00pm                                                         |                                             |                                                                       |                                                                        |
| <b>Crook Health Centre</b> , Hope<br>Street, Crook, Co Durham DL15<br>9HU - ☎ 01388 455950                                                                           |                                                                         |                                                                       |                                             | 3.00 – 4.00pm<br><i>(Teen Plus session)</i>                           |                                                                        |
|                                                                                                                                                                      |                                                                         |                                                                       |                                             | 5.00 – 7.30pm                                                         |                                                                        |