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Darlington Memorial Hospital
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Darlington
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Foundation Trust Office: 01325 74 3625
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Request for Information Reference: 03.19.14

Direct line: 01325 743700
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Email only

28 March 2019

Freedom of Information Act 2000 – Request for Information

Thank you for your request for information received on 8 March 2019 in relation to the County Durham and Darlington NHS Foundation Trust (Trust). We are dealing with your request under the provisions of the Freedom of Information Act 2000.

You requested information regarding Mental Health and Wellbeing Digital App. Specifically you requested information as follows:

I am making a request under the Freedom of Information Act for information on mental health and wellbeing digital apps offered by your organisation.

Please answer the following questions regarding your organisations use of mobile applications to support employee mental/emotional health and wellbeing.

1. Does your organisation offer any digital apps as a resource for staff to support their mental/emotional health and wellbeing? (e.g. Big White Wall, My Possible Self, Thrive). Apps may provide advice and guidance to support wellbeing, diary entries or an interactive self-help programme etc. to support the reduction of stress, anxiety and/or depression.

Answer: No.

2. If yes to Q1 please provide the following information for each app used by the organisation:

a. Name of third-party supplier(s)?

b. Who is responsible for the payment of the app (i.e. employee or employer)?

- c. What is the annual price paid for the app in 17/18?**
- d. Contract start date & end date?**
- e. What date did the app go live in the organisation?**
- f. Did the organisation use a framework to procure the service? If so, please state the framework used?**
- g. Please list all external systems the app integrates with (e.g. EAP providers, GP referrals)?**
- h. Does the app include any form of financial wellbeing support? (e.g. advice and/or helplines)?**
- i. Through the utilisation of the app, has your organisation seen any quantifiable benefits? Please provide detail on the benefits achieved (e.g. an increase in employee productivity, increase in staff retention, reduction in staff sickness absence or a reduction in occupational health referrals)**

Answer: N/A

3. For each supplier listed in Q2, please indicate the number of employees registered on the app, split by the following staffing groups

Name of Supplier	Nursing & HCA's	Medical	Allied Health Professional/ Scientific, Therapeutic and Technical (AHP/STT)	Non-medical Non-clinical (NMNC)	Total

Answer: N/A

In line with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the County Durham and Darlington NHS Foundation Trust website.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the way your request for information has been handled, you can request a review by writing to:

The Chief Executive
County Durham & Darlington NHS Foundation Trust
Darlington Memorial Hospital
Hollyhurst Road
Darlington
DL3 6HX

If, you remain dissatisfied with the handling of your request or complaint, you have a right to appeal to the Information Commissioner at:

The Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Telephone: 0303 123 1113
Website: www.ico.gov.uk.

There is no charge for making an appeal.

Yours sincerely

Joanna Tyrrell
Freedom of Information Officer