

Executive Corridor
 Darlington Memorial Hospital
 Hollyhurst Road
 Darlington
 DL3 6HX
 Switchboard Tel: 01325 38 0100
 Foundation Trust Office: 01325 74 3625
 Corporate Records Office: 01325 74 3700

Request for Information Reference: 07.19.39

Direct line: 01325 743700
 Email: cdda-tr.cddftfoi@nhs.net

Email only

7 August 2019

Freedom of Information Act 2000 – Request for Information

Thank you for your request for information received on 18 July 2019 in relation to the County Durham and Darlington NHS Foundation Trust (Trust). We are dealing with your request under the provisions of the Freedom of Information Act 2000.

You requested information regarding self-harm. Specifically you requested information as follows:

I'm writing to you under the Freedom of Information Act to request the following data please:

- 1) How many children under the age of 18 have been hospitalised for self-harming?***
- 2) Could you list the most common methods of self-harm please?***
- 3) What was the sex and age of the youngest child to self-harm?***

Could you provide the above information categorised by the calendar years 2016, 2017, 2018, 2019 please?

County Durham and Darlington NHS Foundation Trust replies:

Answer: Admissions for self-harm, children aged under 18 years.

	2016	2017	2018	2019 (to June)
Total number	230	208	202	96
Age and sex of youngest child	11,M	12,F	11,F	12,F
Most common method	Poisoning: 4-Aminophenol derivatives	Poisoning: 4-Aminophenol derivatives	Poisoning: 4-Aminophenol derivatives	Poisoning: 4-Aminophenol derivatives



County Durham
and Darlington

NHS Foundation Trust

* Please note the Trust used the following diagnosis codes: X60 – X84, diagnosis code always in secondary position. The definitions can be found on the following link:

[http://apps.who.int/classifications/apps/icd/icd10online2007/index.htm?gx60.htm+](http://apps.who.int/classifications/apps/icd/icd10online2007/index.htm?gx60.htm)

In line with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the County Durham and Darlington NHS Foundation Trust website.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the way your request for information has been handled, you can request a review by writing to:

The Chief Executive
County Durham & Darlington NHS Foundation Trust
Darlington Memorial Hospital
Hollyhurst Road
Darlington
DL3 6HX

If, you remain dissatisfied with the handling of your request or complaint, you have a right to appeal to the Information Commissioner at:

The Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Telephone: 0303 123 1113

Website: www.ico.gov.uk.

There is no charge for making an appeal.

Yours sincerely

Joanna Tyrrell
Freedom of Information Officer