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Request for Information Reference: 09.19.60

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Email only

24 October 2019

### **Freedom of Information Act 2000 – Request for Information**

Thank you for your request for information received on 26 September 2019 in relation to the County Durham and Darlington NHS Foundation Trust (Trust). We are dealing with your request under the provisions of the Freedom of Information Act 2000.

You requested information regarding colonoscopy procedures. Specifically you requested information as follows:

***I would like to make a request for some information relating to bowel preparation for colonoscopy if that is possible. All of the questions refer to colonoscopy procedures performed between 1 January 2018 and 1 January 2019.***

- 1. What is the first line bowel preparation laxative that is offered to patients undergoing colonoscopy?***

Answer: Picolax

- 2. Do you offer any alternative bowel preparation laxatives for patients undergoing colonoscopy?***

Answer: Moviprep, Kleenprep + Movicol

- 3. How many patients received each bowel preparation laxative between 1 January 2018 - 1 January 2019?***

Answer: We only have data from September 2018 to January 2019 as a new server was installed. We have 9 patients recorded as having kleen prep, 57 patients were recorded as having moviprep, and 15 patients were recorded as having picolax.

- 4. What were the number of patients receiving each bowel preparation laxative who had inadequate bowel preparation between 1 January 2018- 1 January 2019?**

Answer: We had a new endosoft client installed in September 2018 so we are only able to provide the data from September 2018 – Jan 2019. There are 9 patients recorded as having inadequate bowel prep after taking Kleenprep, 57 patients recorded as inadequate bowel prep after taking moviprep and 15 patients recorded as inadequate bowel prep after taking picolax.

- 5. Are patients undergoing colonoscopy advised to take the bowel preparation at a single time or split over two different times?**

Answer: Split over two different times.

- 6. During the period of 1 January 2018- 1 January 2019, what times were patients advised to consume the bowel preparation for a morning colonoscopy appointment?**

Answer: At 5pm and 8pm the day before.

- 7. During the period of 1 January 2018- 1 January 2019, what times were patients advised to consume the bowel preparation for an afternoon colonoscopy appointment?**

Answer: 7pm the day before procedure and 7am day of procedure.

- 8. During the period of 1 January 2018- 1 January 2019, what times were patients advised to consume the bowel preparation for an evening colonoscopy appointment?**

Answer: See above.

- 9. Are patient's advised to consume a particular diet prior to their colonoscopy? If so what diet are they advised to consume? How many days are they advised to consume it for?**

Answer: Diet starts 2 days before the procedure. Patients are given a recommended list of foods to eat from, and requested to drink plenty of fluids. Foods include, eggs, cheese, white rice, pasta, potatoes (no skin) chicken, fish, white bread, black tea/coffee, fruit squash, marmite, oxo. Patients are told not to eat red meat, fruit, vegetables, nuts, all bran cereals or pulses.

10. **Do any of your patients attend a specific pre assessment clinic after they are referred for colonoscopy, but before they attend on the day of their endoscopy to receive more detailed endoscopy information? What is the criteria for referral to this pre assessment clinic?**

Answer: Patients over 75 years, on Anticoagulants, complex medical history. – DP.

11. **How many patients were seen in this pre assessment clinic between 1 January 2018 – 1 January 2019?**

Answer: 4,907

12. **How many colonoscopies did you perform in the last year (1 January 2018- 1 January 2019)?**

Answer:

Procedure	BAH	DMH	UHND
H20.1	379	172	343
H20.2	1		1
H20.8	354	197	230
H21.8	1		
H22.1	504	832	938
H22.9	675	685	1022
	1914	1886	2534

13. **During the period of 1 January 2018- 1 January 2019:**

- **How many patients were documented as having excellent bowel preparation?** - 2429 patients
- **What was the polyp detection rate in patient with excellent bowel preparation?** - Not recorded
- **How many patients were documented as having good bowel preparation?** 512 patients
- **What was the polyp detection rate in patient with good bowel preparation?** Not recorded
- **How many patients were documented as having fair bowel preparation?** 209 patients
- **What was the polyp detection rate in patient with fair bowel preparation?** Not recorded
- **How many patients were documented as having inadequate bowel preparation?** - 302 patients
- **What was the polyp detection rate in patient with inadequate bowel preparation?** - Not recorded

**14. How many patients had a morning appointment during the period of 1 January 2018- 1 January 2019?**

Answer: 4,070

**15. How many patients who had a morning appointment during the period of 1 January 2018- 1 January 2019 had inadequate bowel prep?**

Answer: 277

**16. How many patients had an afternoon appointment during the period of 1 January 2018- 1 January 2019?**

Answer: 3,038

**17. How many patients who had an afternoon appointment during the period of 1 January 2018- 1 January 2019 had inadequate bowel prep?**

Answer: 103

**18. How many patients had an evening appointment during the period of 1 January 2018- 1 January 2019?**

Answer: 78

**19. How many patients who had an evening appointment during the period of 1 January 2018- 1 January 2019 had inadequate bowel prep?**

Answer: 4

**20. If a patient has a repeat colonoscopy due to inadequate bowel preparation, do you have a specific bowel preparation regime for those patients? If so what is it?**

Answer: If a colonoscopy fails due to poor bowel preparation patients are then referred for 3<sup>rd</sup> line prep which is clean prep and moviprep together over 5 days.

In line with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the County Durham and Darlington NHS Foundation Trust website.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.



County Durham  
and Darlington

NHS Foundation Trust

If you are unhappy with the way your request for information has been handled, you can request a review by writing to:

The Chief Executive  
County Durham & Darlington NHS Foundation Trust  
Darlington Memorial Hospital  
Hollyhurst Road  
Darlington

If, you remain dissatisfied with the handling of your request or complaint, you have a right to appeal to the Information Commissioner at:

The Information Commissioner's Office  
Wycliffe House  
Water Lane  
Wilmslow  
Cheshire, SK9 5AF

Telephone: 0303 123 1113

Website: [www.ico.gov.uk](http://www.ico.gov.uk).

There is no charge for making an appeal.

Yours sincerely

**Joanna Tyrrell**  
**Freedom of Information Officer**