

Executive Corridor
Darlington Memorial Hospital
Hollyhurst Road
Darlington
DL3 6HX
Switchboard Tel: 01325 38 0100
Foundation Trust Office: 01325 74 3625
Corporate Records Office: 01325 74 3700

Request for Information Reference: 10.19.44

Direct line: 01325 743700
Email: cdda-tr.cddftfoi@nhs.net

Email only

7th November 2019

Freedom of Information Act 2000 – Request for Information

Thank you for your request for information received on 24 October 2019 in relation to the County Durham and Darlington NHS Foundation Trust (Trust). We are dealing with your request under the provisions of the Freedom of Information Act 2000.

You requested information regarding the non-pharmacological therapy. Specifically you requested information as follows:

Under the Freedom of Information Act 2000, I am requesting the following information on patient access to the following NICE-recommended non-pharmacological therapy for the management of dementia.

- 1. Are patients with dementia able to access any of the following therapies (i.e. from dementia services, memory services, memory clinics or mental health services within the Trust)?***

Answer: Patients are referred to our mental health colleagues, as and when appropriate, we have a mental health liaison team who will response to the referrals, the patients will have access to the above via the mental health unit, nearest to the patient's home address.

- a) Group cognitive stimulation therapy***
- b) Group reminiscence therapy***
- c) Cognitive rehabilitation or occupation therapy***
- d) Multi-sensory stimulation***
- e) Cognitive training***

In answer to the above A-E questions, as an acute Trust we do not have the ability to provide group therapy , patients do however have access to physiotherapists and occupational therapists , the majority of wards have twiddle muffs, dementia friendly knitted octopuses , colour and puzzles sheets, we have since September on one of our acute sites, introduced a team of HCAs known as the Enhanced care observation team, this team offer cohorting and 1:1 care, they provide stimulation by engaging patients in activities doing puzzles , playing games, chatting about their lives, in our community hospitals we have RITA units.

In line with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the County Durham and Darlington NHS Foundation Trust website.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the way your request for information has been handled, you can request a review by writing to:

The Chief Executive
County Durham & Darlington NHS Foundation Trust
Darlington Memorial Hospital
Hollyhurst Road
Darlington
DL3 6HX

If, you remain dissatisfied with the handling of your request or complaint, you have a right to appeal to the Information Commissioner at:

The Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Telephone: 0303 123 1113
Website: www.ico.gov.uk.

There is no charge for making an appeal.

Yours sincerely



County Durham
and Darlington
NHS Foundation Trust

Joanna Tyrrell
Freedom of Information Officer