

Under the provisions of the Freedom of Information Act 2000, we request the following information:

What is the name of your acute Trust? **County Durham and Darlington NHS Foundation Trust**

(1) Does your trust provide a weight management service for children living with obesity?

Yes  No

If No, you need not answer further.

If yes, what is the name of the service and where delivered: **Paediatric Weight Management Service. Delivered across the Trust (Bishop Auckland Hospital, Chester Le Street Hospital, Darlington Memorial Hospital and University Hospital of North Durham although currently due to Covid-19 many appointments are being delivered virtually.**

Who leads this service? **Families and Child Health Care Group. Also, the Nutrition and Dietetics service also accept referrals for weight management patients who do not meet the criteria for the Paediatric Weight Management Service.**

It is a hospital  or community-based  clinic

(2) What if any are the criteria for eligibility to attend (for instance BMI >98<sup>th</sup> percentile)?

None

**Eligible if: Eligible if BMI at or above 99.6<sup>th</sup> centile or 98<sup>th</sup> if under 2 years old or have a medical comorbidity.**

(3) Through what mechanism is the service funded?

CCG

NHS England

Research

Charity

Trust Self-Funding

Other

Please specify **County Council in conjunction with the CCG.**

(4) Who are the key personnel providing service? Please tick all who apply:

- a. **Paediatricians**
- b. **Dieticians**
- c. **Psychologists**
- d. Trained volunteers
- e. Hospital or Community based Nursing staff
- f. Exercise specialists
- g. Social workers

- h. CAHMS
- i. Youth workers

- (5) How many new cases are seen each year? **Approximately 100 cases**
- (6) Over how many weeks is the clinic intervention delivered? **There is no specific time limit, each case is tailored individually.**
- (7) What is the usual follow up period (entry to discharge?) **Again, this is individually tailored.**
- (8) What final outcomes are collected: Examples: change in BMI, BMI SDS, Self Esteem, Waist Circumference, recruitment, retention.

Please list all. **1. Change in BMI (z score – SDS) 2. Individual goal based outcomes (which can include but are not limited to dietary changes, changes to physical activity levels, changes to mood, self-esteem and emotional eating) 3. Was not brought rate**