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 Darlington Memorial Hospital  
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 Darlington  
 DL3 6HX  
 Switchboard Tel: 01325 38 0100

Request for Information Reference: 11.20.07  
 Email: cdda-tr.cddftfoi@nhs.net

Email Only

30 November 2020

**Freedom of Information Act 2000 – Request for Information**

Thank you for submitting a request for information which we received on 3 November 2020 in relation to County Durham and Darlington NHS Foundation Trust (the Trust). Your request has been processed under the provisions of the Freedom of Information Act 2000 and I am now able to provide you with a response.

Your request was in relation to cycle spaces, changing rooms, wellbeing and I am providing the following information in response to your specific questions:

- 1. How many designated cycle parking spaces are available on Trust property? (Please provide the answer as the total number of cycles that could be accommodated in designated spaces)?**

	STAFF	VISITORS
Darlington Memorial Hospital (DMH)	40	20
University Hospital of North Durham (UHND)	13	30
Bishop Auckland Hospital (BAH)	6	6

- 2. How many showers are available exclusively for staff use?**

DMH	18
UHND	20
BAH	12

- 3. How many changing rooms are available exclusively for staff use?**

DMH	43
UHND	30
BAH	24

**4. Which of the following are available to staff within the Trust: (A yes/ no response is sufficient)?**

- **Mindfulness and wellbeing sessions:** Yes
- **Talking therapy:** Yes
- **Exercise classes/on site gym:** Prior to Covid some exercise classes/ no gym facilities
- **Staff physiotherapy service:** Self-referral available
- **Complementary therapies (massage, reflexology etc.):** No.

**5. How many working days were lost due to staff sickness for mental health/ stress during the 2019-20 year?**

25,027.2 full time equivalent (FTE) days lost.

**6. How many people were employed by the Trust on permanent and fixed term contracts at the end of the 2<sup>nd</sup> quarter, 2019-20?**

During the time period specified the Trust employed 6,627 staff on a permanent basis and on fixed term contracts.

In line with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log on the Trust's website. However please be assured that we anonymise all responses prior to adding them to the disclosure log.

I hope that this response has provided you with the information you had requested. If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me by telephone or in writing. If however, you are dissatisfied with the way in which your request has been handled and would like an internal review, you will need to contact me in writing at the above address or via [cdda-tr.cddftfoi@nhs](mailto:cdda-tr.cddftfoi@nhs).

If you remain dissatisfied with our response following an internal review you have the right to appeal to The Information Commissioner at Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF. More information is available on their website; [www.ico.gov.uk](http://www.ico.gov.uk).

Yours sincerely

**Joanna Tyrrell**  
Freedom of Information Officer