

Executive Corridor
Darlington Memorial Hospital
Hollyhurst Road
Darlington
DL3 6HX
Switchboard Tel: 01325 38 0100

Request for Information Reference: 05.21.40

Email: cdda-tr.cddftfoi@nhs.net

Email only

14 June 2021

Freedom of Information Act 2000 – Request for Information

Thank you for submitting a request for information which we received on 17 May 2021 in relation to County Durham and Darlington NHS Foundation Trust (the Trust). Your request has been processed under the provisions of the Freedom of Information Act 2000 and I am now able to provide you with a response.

Your request was in relation to ADHD statistics and I am providing the following information in response to your specific questions:

For your NHS Trust(s), please could you provide the following information:

- 1. The current wait time for an undiagnosed adult to see a psychiatrist for ADHD after being referred from a GP on the NHS?**
- 2. The current wait time for an undiagnosed child to see a psychiatrist for ADHD after being referred from a GP on the NHS?**
- 3. The current wait time to see a Cognitive Behavioural Therapist for ADHD following an ADHD diagnosis?**
- 4. The number of children (under the age of 18) with an ADHD diagnosis?**
- 5. The number of children (under the age of 18) with an ADHD diagnosis who are also being treated for a psychiatric comorbidity, including, but not limited to: depression, anxiety, personality disorders such as borderline personality disorder, sleep disorders and substance abuse?**
 - a. Please provide this as a breakdown by comorbidity?**
- 6. The number of adults (over the age of 18) with an ADHD diagnosis?**
- 7. The number of adults (over the age of 18) with an ADHD diagnosis who are also being treated for a psychiatric comorbidity, including, but not limited to: depression, anxiety, personality disorders such as borderline personality disorder, sleep disorders and substance abuse?**
 - a. Please provide this as a breakdown by comorbidity?**

Please could you also provide the average wait time for each year from 2015-2020, if doing so will not push this request over the cost limit.

The Trust does not provide mental health services. Tees Esk & Wear Valley Foundation Trust should be the first point of contact for this information. If you wish to

contact Tees Esk & Wear Valley Foundation Trust, we would advise, in accordance with Section 16 of the Act (duty to provide advice and assistance), that you contact that organisation via the following address:

Trust Secretary's Department
West Park Hospital
Edward Pease Way
Darlington
DL2 2TS

In line with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log on the Trust's website. However please be assured that we anonymise all responses prior to adding them to the disclosure log.

I hope that this response has provided you with the information you had requested. If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me by telephone or in writing. If however, you are dissatisfied with the way in which your request has been handled and would like an internal review, you will need to contact me in writing at the above address or via cdda-tr.cddftfoi@nhs.

If you remain dissatisfied with our response following an internal review you have the right to appeal to The Information Commissioner at Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF. More information is available on their website; www.ico.gov.uk.

Yours sincerely

Joanna Tyrrell
Freedom of Information Officer