



How to contact us

Darlington Memorial Hospital Audiology Department

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Telephone: 0191 333 2305

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University Hospital of North Durham Audiology Department

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For further information on contacting us or getting to our hospital, please call one of the numbers above or visit www.cddft.nhs.uk

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Audiology Department

You have been
referred for a
hearing aid -
What happens
next?



with you
 all the way

www.cddft.nhs.uk

Hearing Aids

You have attended the Audiology department and had your hearing assessed today.

The Audiologist has discussed the results and you have agreed to be issued with hearing aids.

You will either have been measured for an open fit hearing aid or have impressions taken for earmoulds, depending on your degree of hearing loss.

What happens next?

You will receive notification of a fitting appointment, if this appointment is not convenient you can contact the department to re arrange.

At the fitting appointment the Audiologist will discuss your personal concerns regarding your hearing loss and prescribe your hearing aids accordingly.

Your hearing aids will then be individually programmed and checked using real ear measurements to match your hearing test results.

Once the hearing aids have been programed, the Audiologist will discuss:

1. How the hearing aids work.
2. How to get replacement batteries.
3. How to service and repair your hearing aids.
4. How to put the hearing aids in.
5. How to adapt to the hearing aids.

All this information will be written down for you to take home.

Adjusting to the hearing aids

Initially being able to hear every day sounds again such as your own voice, traffic and noisy situations can be a little overwhelming. This is because you often lose your hearing gradually and your brain adapts accordingly.

It can take up to four months for you to become accustomed to your hearing aids and to be able to get the most out of them.

You will notice small changes right from the start, but it's important to be patient and use the hearing aids daily to be able to adapt to the new sounds.

After the fitting

You will be contacted approximately 8 weeks later, to check on how you are managing with the hearing aids.

If you have any concerns, you will then be offered an appointment to discuss them with an Audiologist.

However if you have any concerns regarding your hearing aid or hearing, you can always contact the Audiology department straight away.

