

Videofluoroscopy Assessment University Hospital of North Durham

Your Speech & language Therapist is:

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1. What is a videofluoroscopy assessment?

It is an x-ray which is video recorded whilst you are eating and/or drinking. The x-ray records the swallowing process.

2. Where does the videofluoroscopy assessment take place?

It is carried out at the x-ray department at University Hospital of North Durham. On arrival please report to x-ray reception.

3. Preparations

- You will be required to sign a consent form before undertaking this procedure
- You do not need to fast before this procedure.
- Please avoid wearing jewellery/tight fitting clothes around the neck.
- Ensure you wear dentures if you would normally eat and drink with them in.

4. Who will be there?

You, your speech and language therapist with a colleague, a radiographer and sometimes a physiotherapist. Occasionally students do observe. If you have any objections to being observed by a student please inform your speech and language therapist before the assessment.

5. How long will it take?

The process usually takes around half an hour. Please ensure that you are in time for your appointment.

6. What will happen afterwards?

Your speech and language therapist will arrange an appointment to see you to discuss the results and recommendations once the videotape has been analysed.

7. Transport

If transport via ambulance is required to get you to the x-ray department and return home please inform your speech and language therapist at least one week before the video fluoroscopy assessment date.

If you are an in-patient your named nurse will organise for an x-ray porter to collect you from the ward.

8. Other information:

- Cancellations – Please contact the speech and language therapy department giving at least 24 hours notice (where possible) of a cancelled appointment.
- Pregnancy – Please inform the radiographer if you think you might be pregnant.

Other questions – please contact your speech and language therapist directly if you have any questions regarding this assessment procedure.

**You can contact your Adult
Speech and Language Therapist
whilst you are in hospital via your
named nurse or telephone:-**

Bishop Auckland General Hospital
Telephone: 01388 455134

University Hospital of North Durham
Telephone: 0191 3332591

Darlington Memorial Hospital
Telephone: 01325 743152

Chester-le-Street Hospital
Telephone: 0191 3332591

Shotley Bridge Hospital
Telephone: 01207 594517

Sedgefield Community Hospital
Telephone: 01388 455200

Richardson Road Hospital
Telephone: 01388 455200

Weardale Hospital
Telephone: 01388 455200

Contact details



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We need your comments, concerns complaints and compliments to deliver the best service possible. Please let us know by speaking to a member of our staff. We learn from your feedback and use the information to improve and develop our services.

If you would like to talk to someone outside the service contact the **Patient Experience Team** on **0800 783 5774**, or email cdda-tr.PatientExperienceCDDFT@nhs.net.

We can make this information available in Braille, large print, audio or other languages on request.